

Coaching Calendar for January 2024 Start

January 9 th	March 19 th	May 28 th	September 3 rd
January 16 th	March 26 th	June 4 th	September 10 th
January 23 rd	April 2 nd	June 11 th	September 17 th
January 30 th	April 9 th	June 18 th	September 24 th
February 6 th	April 16 th	June 25 th	October 1 st
February 13 th	April 23 rd	July 1- July 29 th – OFF FOR MONTH	October 8 th
February 20 th	April 30 th	August 6 th	October 15 th
February 27 th	May 7 th	August 13 th	October 22 nd
March 5 th	May 14 th	August 20 th	October 29 th
March 12 th	May 21 st	August 27 th	November 5 th

**Don't let the sheer number of sessions freak you out! We'll take some weeks off as Bye weeks to get caught up, we'll do group breakouts, Q&As and more. All sessions will be recorded and made available to you in your group's private Facebook group because... life. I like to give you ALL the possible dates so you can plan to be there LIVE, but as group we'll make some adjustments based on pace, calendar, etc.

OFFICE HOURS:

January 17th: 10-11am EST

February 20th: 3-4 pm EST

March 18th: 4-5pm EST

April 16th 3-4pm EST

May 14th: 1-2pm EST

June 11th: 3-4pm EST

July – None

August – TBD

Sept – TBD

Oct – TBD

**All dates are subject to change.